



Nordic Wrecks X-Country Ski and Snowshoe Club



<http://nordicwrecks.org/>

November, 2014

President's Message

Hello everyone!

I think our first meeting was a resounding success! Thanks for coming out on such a stormy night and welcoming our new members and guests!

I enjoyed Anders 'show and tell' very much. I thought he had a good mix of information about the equipment and clothes he brought and cross-country skiing in general. I also enjoyed his great sense of humour! Got your Nordic Wrecks membership card handy? It's good for 10% off any merchandise at Sigge's-- parking at the back of 2077 West 4th Avenue, or walk a block and park underground at Whole Foods, buy something tasty from the bakery to ease your "parking for free conscience"...that's what I would do! We have another gift certificate to give away at our December meeting!

And thinking about our next meeting...it will be December 1st in the Mike Butler room at the Dogwood Pavilion, 624 Poirier Street in Coquitlam. Come at 7:00 pm to sign up for trips, stay after the short business meeting at 7:30, to chat over the refreshment table and meet the rest of the Nordic Wrecks members and make some new friends! Our meeting in January will have Chris Ridout, from Zoomer Yoga as a guest speaker. Mark your calendars for January 5th, 2015.

Please bring your membership card if you would like to sign up for any of our trips on December 1st. We need a few more people for our first trip to Manning Park on Sunday, December 14th....drop me a line at kleko@telus.net or 604-937-0030 if you have any questions.

Louise, our generous volunteer, is organizing our trip to Silver Star on January 23 to 25 still has room for this great trip to the Okanagan. Ski Sovereign Lakes and Silver Star on one weekend! She is in the process of finalizing the rooms and has a gentleman who needs a roommate! If you are thinking of going and need someone to share a room with we might be able to help. The Firelight lodge has

a very early and expensive room cancellation fee we are trying to avoid so come and chat with Louise and get ready to have a great time!

Equipment for sale:

Peter, a former Nordic Wreck member, has a set of classic men's and women's skis, poles and boots for sale. He thinks \$100 each for each set might be a good place to start bargaining. If you are interested drop him a line at peterandelise@shaw.ca or give him a buzz at 604-942-2296.

Here's a quick review of our trip information:

Trip Information

PARKING: Our main parking lot is the old Telus Parking Lot (now known as Bainbridge Business Centre) off Bainbridge, south of Lougheed Highway. Parking is still free, by using the parking lot, we acknowledge that the owners and managers of the parking lot, are not responsible for any damage to our vehicles that may occur. Nordic Wrecks is not responsible for any damage either. For weekend trips, you may want a friend or relative to drop you off Friday morning and pick you up Sunday evening. Visit our website for a map and other details at nordicwrecks.org

PICKUP TIMES AND LOCATION

<u>Day trips</u>	7:00 am	Telus Parking Lot
Callaghan Valley	7:20 am	St David's Church Taylor Way and Upper Levels Hwy (Park on the road)
Manning Park	7:30 am	232nd St. Chevron Station (Park on the road)
	7:45 am	Whatcom Rd (park on the gravel parking lot across from Tim
Horton's)		
<u>Weekend trips</u>	7:00 am	Telus Parking Lot

ACCOMMODATION -- All our trips are priced at cost for the bus and hotel rooms. It is your responsibility to arrange roommates. Please work with the trip leader to see what can be arranged if you are having difficulties finding a roommate.

Here is some more detailed information about our trips. We haven't got any information back from Manning Park--they open November 27th and seem to be quite busy!

DAY TRIPS

Manning Park

Sunday, December 14/14

trip leader: Kathy Leko - 604-937-0030

\$48.00 plus trail fees:

Adults - \$20.00

Seniors - \$12.00

Snowshoe - no rates to date

More people needed for this trip to be a GO!

Callaghan Valley

Sunday, December 28/14

trip leaders: Ken and Marg Smith - 604-469-0098

\$43.00 plus trail fees:

Group Trail Fees - rate to be confirmed

Snowshoe - \$15.00

More people needed for this trip to be a GO!

Manning Park

Sunday, January 4/15

trip leader: Connie Salt - 604-475-2400

\$48.00 plus trail fees:

Adults - \$20.00

Seniors - \$12.00

Snowshoe - no rates to date

Callaghan Valley

Saturday, January 10/15

trip leader: Jeff Roger - 604-533-4312

\$43.00 plus trail fees:

Group Trail Fees - \$22.00 rates to be confirmed

Snowshoe - \$15.00

Callaghan Valley

Sunday, February 1/15

trip leader: Kathy Leko - 604-937-0030

\$43.00 plus trail fees:

Group Trail Fees - \$22.00 (needs to be confirmed)

Snowshoe - \$15.00

Manning Park
Sunday, February 15/15
Jeff Roger - 604-533-4312

\$48.00 plus trail fees:
Adults - \$20.00
Seniors - \$12.00
Snowshoe - no rate to date

WEEKEND TRIPS

Silver Star
Friday, Jan 23, 24 & 25/15
trip leader: Louise Johnson - 604-937-5051
Cheques dated for December 1st please
to secure our beds!

Firelight Lodge:
3 bed/2 bath- sleeps 6 \$287 pp
2 bed/1 or 2 bath – sleeps 4 \$280 pp
studio units - sleeps 2 \$287 pp

Sun Peaks
Friday, Feb 20, 21,22/15

trip leader: George McLeod - 778-865-2294
Hefly Boutique Hotel:
4/rm - \$185 pp
3/rm - \$235 pp
2/rm - \$280 pp

**Here's our membership form:
Why not print it off and have it ready to hand to Avril at the meeting?**

Membership Form

Nordic Wrecks X-Country Ski and Showshoe Club Membership Application Names: (please print)

1. _____

2. _____

Address: _____ City: _____ Postal

Code _____ Phone: (____) _____ Cell phone:

(____) _____ E-

Mail: _____

EMERGENCY CONTACT: Name: _____ Phone:

(____) _____ Children's /Students Name(s)

1. _____

2. _____ PAYMENT: (Cheques are preferred –

Payable to Nordic Wrecks)

\$25.00 - Adults (19-64) _____ \$20.00 Students (12-18) _____

\$20.00 – Seniors (65+) _____ \$15.00 Children (under 12) _____ Make cheques payable

to Nordic Wrecks and mail to:

Avril Peshee, #62, 678 Citadel Drive, Port Coquitlam, B.C. V3C 6M7 604-942-3164

Release, Waiver and Assumption of Risk

This document affects your legal rights – please read it CAREFULLY

I recognize and acknowledge that there are risks associated with participation in activities organized by or through the Nordic Wrecks X-Country Ski and Snowshoe Club, (hereinafter known as NWXCSSC). In consideration of being permitted to take part in activities organized by or through the NWXCSSC, I voluntarily agree to Assume and Accept All Risks and agree to save harmless and keep indemnified the NWXCSSC and its officers, agents, organizers, leaders and members. I hereby Release agents, organizers, leaders and members for any injury, loss or damage to person or property, or any costs or expenses, howsoever caused, arising out of or in connection with my taking part in this activity, notwithstanding that the same may have been contributed or occasioned by the breach of duty or negligence of the NWXCSSC and its officers, agents, organizers, leaders and members. I understand that by signing this document I am affecting the legal rights of myself, my heirs, executors and assigns.

I have read and fully understand the above and voluntarily agree to its terms.

<p>Adult Applicant(s) Release and Waiver and Acknowledgements As an applicant for membership I have read and understand the above. 1. _____ 2. _____ Must be signed by all applicants Date: _____</p>	<p>Minor Applicant(s) Release and Indemnification and Acknowledgments As a parent or guardian of an applicant under the legal age of 19, I have read and understand the above and accept the terms and conditions on the applicant's behalf. Signed by: Parent or Guardian: _____ Date: _____</p>
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