



Nordic Wrecks X-Country Ski and Snowshoe Club



<http://nordicwrecks.org/>

December 2014

President's Message

Thanks to all those who came out to our December 1st meeting! Congratulations to door prize winners: Allan, Louise and John! I collected \$10 for the ski pins and I am happy to donate the money to the Share Food Bank.

Our next meeting is in the Mike Butler room, at the Dogwood Pavilion, 624 Poirier Street in Coquitam on Monday, January 5th, 2015. Trip sign ups start at 7:00 pm and we will try to start the meeting with our guest speaker from Zoomer Yoga, Chris Ridout at 7:30. He'll talk about the benefits of yoga and lead us in a few easy moves. I have attended his classes and enjoy the modifications to traditional poses he suggests.

News on trail fee discounts for our club!

Callaghan Valley weekends are \$22 for adults, sorry no senior discounts and the bus gets priority parking next to the day lodge. Snowshoe is still \$15

Manning: No snowshoe trail fee. Cross-country is \$18 for adults, no change on the senior rate, still \$12.00

Best wishes for a Healthy and Happy 2015!

Kathy Leko
President

Day Trip News

Manning Park, Sunday December 14th. Bus costs \$48
Trail fees: \$18 for adults a new reduce rate!
\$12 for seniors. Snowshoe trail fee is free!

This trip is a go, call Kathy at 604-937-0030. The good people at Manning Park are willing to offer cross-country ski lessons for \$25 but need to know ahead of time. Please call me if you are interested in lessons.

Callaghan Valley, Sunday December 28th Ken and Marg Smith await your calls at their correct number 604-469-0089

We do not have enough people signed up for this trip to make it a go. We need to call the bus company by the 23rd of December to confirm our trip. The next meeting after this trip, so don't be shy, give them a buzz.

Callaghan fees are \$22 for cross-country skiing and \$15 for snowshoeing members. Callaghan does not have enough snow to open just yet! Keep praying!

Manning Park, Sunday January 4th, 2015
Connie Salt 605-475-2400
Trail fees: \$18 for adults, previously advertised as \$20
\$12 for seniors. Snowshoe trail fee is still free!

Don't despair, if you can't get in touch with Connie, she'll be happy to take your call after December 13. In the mean time if you want to sign up or have any questions, give Kathy a call at 604-937-0030. We need more people to make this trip a go!
Still lots of room on the following trips:

Callaghan Valley, Saturday Jan 10, 2015
trip leader: Jeff Roger 604-553-4312

Callaghan Valley, Sunday February 1, 2015
trip leader: Kathy Leko, 604-937-0030

Manning Park Sunday, February 15, 2015
trip leader: Jeff Roger 604-553-4312

Weekend trips:

Silver Star near Vernon, leaving Friday January 23, coming back
Sunday January 25, 2015

A few more places left on the bus, Call Louise Johnson at
604-937-5051 for accommodations as hotel rooms are almost filled!

Sun Peaks: trip leader George McLeod 778-865-2294
we are full but we are taking names for a waiting list.

George is finalizing room arrangements for us. He may call you re-
garding sharing rooms or paying extra if you don't have a roommate.